



This year Tangent will be taking part in the Sport Relief Mile to raise money for a very worthy cause. If you would like to donate please visit our just giving link [HERE](#)

Sport is one of the main areas of focus within our CSR, as such all parts of Tangent have come together to raise as much money as possible.

For those of you that follow our CSR you will be aware that some of us recently completed the Tough Guy challenge, one of the worlds most physically & mentally demanding assault courses.

Whilst we would never want to diminish the achievement of completing tough guy, having some of the people taking part complete 1 mile for Sport Relief is absolutely on par!